## **FAST & FEMALE CROSSWORD ACROSS** 1. Feeling certain and positive about something 3. Moving at high speed 6. Our relatable, empowered, active leaders 8. Actively pursued goal of good health 9. The action of taking part in something 12. To instill awesomeness in others 15. Support physical or emotion weight 16. Common attitudes, interests and goals 17. Be you Be real 20. Physically strong, fit and active **DOWN** 2. Embracing all and coming together 4. The second F in our name 5. A bond and trust between people 7. Feeling stronger and more confident in life 10. Accomplishing a goal or a feeling 11. To be a good example to a group of people 13. Enjoyment, amusement, pleasure 14. Reaction to a joke 18. The act of helping others through love and encouragement





19. A feeling of encouragement and desire to do something